



# I believe!

If you have never believed in Jesus Christ as your Savior, take a moment now to know that God the Father loves us and sent His Son, Jesus Christ, down from heaven to become a man to pay the penalty for all of our sins and not only ours but for the sins of the whole world. He was without sin and He paid the price for everyone's sins on the cross. After that He was buried in a tomb and then rose again from the dead. If you believe in Jesus, you will spend eternity with God in heaven forever and no one can snatch you out of God's hands! This is God's TRUTH.

*John 3:16 "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life."*

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Hebrews 12:1-2 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance [weight] and the sin which so easily entangles us, and let us run with endurance the race that is set before us, fixing our eyes on Jesus....

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There is a competitor, our old sin nature or "the flesh", standing around waiting to get in our way as we run our spiritual race. This competitor is trying to stop us all along the course. It knows what it is doing! It is skillful! It constantly gets in our way! The old sin nature wants to produce sin; it wants to get us to do, say, and think the wrong things. It doesn't care if we do human good or evil; it just doesn't want us to be filled with the Holy Spirit and produce God's divine good.

This competitor or enemy, the old sin nature, is in every cell of our bodies. That's why we can't get rid of it. We are stuck with it until the day we die; then we will get rid of it. The Spirit and the flesh are rivals for our souls. However, we have ways to stop the flesh. The Holy Spirit knows how to handle the old sin nature or the flesh. We don't!

Our race is the race of the new man. When we run the race we are led by the Holy Spirit. The flesh does what it can to stop our progress and get us off our course. As weights or burdens hold us down, the sin or the flesh gets us off the course. It is easier to put off the weights and let the Holy Spirit take our burdens away so we will be lighter for our run to the finish. Jesus said His yoke was easy and He gives us the Holy Spirit to do it! So Press on by the power of the Holy Spirit!!!

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of our way. Along comes God the Holy Spirit! He is bigger and stronger than the old sin nature. He can handle it. We just have to let Him! We are to lay aside and move away from anything that hinders our spiritual advance! **GO, ROYAL FAMILY, GO!**

# Pee Wee Light



Lighthouse Bible Church

**Our Competitor, the Old Sin Nature**  
**Lesson #14**

Galatians 5:16 -17 But I say, walk by means of the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another....